



Are you self-isolating due to coronavirus?

Due to Coronavirus some of you are likely to be self-isolating, over 70's and those with underlying health issues are likely to be advised to stay indoors.

Your Parish Council is putting together a list of persons willing to help and persons in need of help.

We will then be able to offer co-ordinated assistance to those in need, due to self-isolating or government advised containment.

If you need help or are vulnerable, please either telephone or email and have or send the following information:

- 1. Full name; address; telephone number(s); email address if you have one**
- 2. Tell us if you are unwell and self-isolating or staying indoors due to government advice**
- 3. Tell us how many other people are in your household and their situation(s)**
- 4. Contact details for a close family member could also be helpful.**

We hope to be able to offer help with shopping, collecting medicine, regular contact by telephone and other essentials.

If you are already looking after the needs of someone self-isolating, please let us know so that we don't duplicate arrangements already in place.

Please avoid direct contact between helpers & those receiving assistance, items should be left on doorsteps at pre-arranged times.

Please do not handover any money until you have had confirmation from Parish Council's Coordinator as to who is helping you. Your helper will have a Parish Council issued ID.

Never give anyone your bank details, bank card(s) chequebook or PIN number(s)

For your information we are aware that the following Catsfield businesses are currently offering a collection / delivery service: -

- Great Park Farm – Food delivery within a 5-mile radius of Catsfield or collection
W: <https://www.greatparkfarm.co.uk/> T: 772531 E: tim@greatparkfarm.co.uk
- The White Hart Inn – Takeaway meal service. Collection at the front door or delivery in the village to those unwell, elderly or disabled. T: 892650
- Green Fig Catering Company – Homemade Meal Delivery Service.
W: <https://greenfigcateringcompany.com/> T: 01323 913704
E: info@greenfigcateringcompany.com



Catsfield Community Helpers

For those who wish to volunteer to help in their community in response to the Coronavirus

Before considering volunteering, please ask yourself.....

Am I well enough to volunteer?

Your safety and limiting the spread of the coronavirus is the main priority.

If you are well at the moment and wish to volunteer, please read on.....

Catsfield Community Helpers will carry out basic tasks for those self-isolating or who are concerned about going out at the moment.

Likely tasks are:

- Shopping
- Urgent supplies
- Collecting medicines
- Posting mail
- Regular phone calls for a chat

Please do not assume that someone needs help or call directly to someone's house unannounced, as some people may be very anxious about making face to face contact, particularly if they have a medical condition or are living alone.

- To volunteer you will need to complete a 'Volunteer Registration Form'. You will then be registered as a Catsfield Community Helper for your road (you are not expected to cover the entire road, just let us know which houses you can cover!). Your name and telephone number will be held by The Parish Council and shared only with an approved Parish Council Coordinator – who will contact you about who needs help.
- The Parish Council Coordinator will provide you with a letter template to post through the doors of people you are available to help. They will then telephone you if they need help. They can also ring the Parish Council to verify who the Catsfield Community Helpers are for your area.
- To find out more and obtain a Volunteer Registration Form please contact:
The Clerk: Mrs. Alexandra Sharp: T: 07483 306 519 E: clerk@catsfieldpc.co.uk
Cllr. Carol Hodgson: T: 892831 / 07967 116 972 E: cldr.hodgsoncpc@gmail.com

Thank you for being a Good Neighbour!